

LONG CASES TOPICS TO STUDY

Sr. #	Unit	Topic	Included Topics
1	Pulmo	Asthma	
2	Pulmo	COPD	
3	Pulmo	Bronchiectasis	
4	Pulmo	Pneumonia	
5	Pulmo	ILD	
6	Pulmo	TB	
7	Pulmo	CA Lung	
8	Pulmo	Sarcoidosis	
9	Pulmo	Pulmonary Embolism	
10	Pulmo	Pulmonary Hypertension	
11	Pulmo	Pickwickian Syndrome	
12	Pulmo	Pneumothorax	
13	CVS	Valvular Heart Disease	
14	CVS	Ischemic Heart Disease	
15	CVS	Atrial Fibrillation	
16	CVS	Heart Failure / CCF	
17	CVS	Rheumatic Heart Disease	
18	CVS	Infective Endocarditis	
19	CVS	Constrictive pericarditis	
20	CVS	Hypertension	
21	CVS	Peripheral Arterial Disease	
22	CVS	Aortic Aneurysm	
23	Blood	Anemia	
24	Blood	hemolytic Anemia	
25	Blood	Pancytopenia	Aplastic Anemia
26	Blood	Thrombocytopenia/ITP	
27	Blood	Lymphoproliferative Disorders	
28	Blood	Multiple Myeloma	
29	Blood	Myeloproliferative Disorders	
30	Blood	Stem Cell Transplantation	
31	Blood	Blood Transfusion	
32	Blood	Bleeding disorders	
33	Blood	DVT/PE	
34	GIT	APD	
35	GIT	Chronic Diarrhoea	IBD, Celiac, Small Bowel Lymphoma, CA Colon
36	Liver	Ascites	
37	Liver	Upper GI Bleed	
38	Liver	CLD & its complications	Encephalopathy
39	Liver	HCC	
40	Liver	CLD Due to	Wilson, Hemochromatosis, NASH, PBC
41	Liver	Jaundice	
42	Liver	Liver abscess	
43	MSK	Rheumatoid Arthritis	
44	MSK	Other arthropathies, Gout	
45	MSK	SLE & APS	
46	MSK	Scleroderma	
47	MSK	Myopathies	
48	MSK	Sjogren syndrome	

49	MSK	MCTD	
50	MSK	Vasculitis	Wegner's, Chrug Straus
51	MSK	Seronegative arthritis	
52	Renal	CKD	
53	Renal	Nephrotic Syndrome	
54	Renal	AKI	
55	CNS	Epilepsy	
56	CNS	Stroke & TIA	
57	CNS	Meninoencepahlitis, TBM	
58	CNS	Multiple Sclerosis	
59	CNS	GBS	
60	CNS	Myasthenia Gravis	
61	CNS	Periodic paralysis	
62	CNS	Myelopathies	
63	Endo	Diabetes mellitus	
64	Endo	Acromegaly	
65	Endo	Hypothyroidism	
66	Endo	Hyperthyroidism	
67	Endo	Addisons Disease	
68	Endo	Cushing syndrome	
69	Infections	AIDS	
70	Infections	Brucellosis	
71	Infections	Syphilis	
72	Infections	Leptospirosis	
73	Infections	Amebiasis	
74	Infections	Malaria	
75	Infections	Aspergillosis	
76	Infections	Mucormycosis	
77	Poisoning	Alcohol	
78	Inherited	Porphyrias	
79	Inherited	Marfan Syndrome	

LONG CASES APPROACH

Serial	Approach to	Topics to be covered in this approach
1	SOB	Pulmonary, CVS, CKD, CLD, CA Lung
2	Chest Pain	
3	Fever/PUO	
4	palpitations	
5	Approach to body swelling	
6	pain abdomen	
7	Chronic Diarrhoea	
8	Abdominal distension	
9	Jaundice	
10	Upper GI Bleed	
11	ASOC	
12	Generalized weakness	Anemia, hypo,hyper thyrodiism, DM
13	Bleeding problem	
14	Pancytopenia	
15	lymphadenopathy	
16	Weakness	hemiplegia, paraplegia, quadriplegia
17	Joint pains	
18	Skin discolouration	
19	Diabetes Mellitus	
20	Hypertension	

SHORT CASES TOPICS LIST

Serial	Unit	Topic	Details
1	GPE	Anemia	
		Bruises & petechiae	
2		Pancytopenia	
3		Jaundice	
4		Pedal Edema	
5		Anasarca	
6		Generalised Lymphadenopathy	
7		Cushing Syndrome	
8		Ulcer ; venous vs arterial	
9	Pulmo	Pleural Effusion	
10		Lung Collapse	
11		Consolidation	
12		ILD	
13		Pneumothorax	
14		SVC Obstruction , Pancoast & CA Lung	
15		Asthma/COPD	
16	CVS	Valvular Heart Disease	
17		Constrictive pericarditis	
18		Atrial Fibrillation	
19		Absent pulse in a limb	
20		Primary Pulmonary HTN	
21	Abdomen	Hepatomegaly	
22		Hepatosplenomegaly	
23		Cirrhosis & Ascites	
24		Abdominal Mass	
25		Palpable Kidney	
26	Neurology	Hemiplegia	
27		Paraplegia	Cauda equina, conus medullaris, GBS, Cord lesion
28		Quadriplegia	MG, GBS, Polymyositis, dermatomyositis
29		PICA	
30		MND	Bulbar vs pseudo bulbar
31		Sensory Neuropathy	
32		Sensorimotor Neuropathy	
33		Cerebellar Syndrome	
34		Loss of vision	
35		Ptosis	
36		Facial Nerve Palsy	
37		Other cranial nerves	
38		Proximal Myopathy	
39		Parkinson Disease; Tremors	
40		Gait Disorder	Friedrich Ataxia
41		↑ Plantar with absent ankle reflex	
42		Movement disorder ; chorea	
43	Rheumatology	SLE	
44		RA	
45		Ankylosing spondylitis	
46		painful knee joint	
47		Scleroderma	
48	ENDO	Diabetes mellitus	
49		Hypothyroidism	
50		Hyperthyroidism	
51		Acromegaly	
52		Cushing's syndrome	
53		Addison Disease	
54	Fundus	Diabetic Retinopathy	
55		HTN Retinopathy	

Books to Study

Major Book		Accessory Books	
Long Case	CMDT	Harrison Davidson Oxford Handbook of Medicine ABM Abdullah Long Cases CECIL Washington Manual	Guidelines Notes (Dr. Hina, Shahid, Zaman) Ryder Mir Tim Hall Pocket Book for PACES Gotam Mehta
Short Cases	ABM Abdullah Short Cases	250 Cases in Clinical Medicine Hutchison/macleod/Nicholas telli Fuller Neurology exam MSK Examination	
Others		CPSP Assessment form	